

Webinar

Addressing Alcohol Problems in Clinical Practice: The NIAAA Healthcare Professional's Core Resource on Alcohol

Date: March 8, 2023

Time: 1:00 p.m. – 2:30 p.m. Eastern Time

Location: Virtual

[Register here](#)

About

Alcohol use and misuse plays a major role in many health and behavioral health problems and is the leading cause of approximately 99,000 deaths in the United States each year. Despite the magnitude of this public health issue, alcohol-related health and behavioral health risks often go unrecognized. Even when alcohol misuse is identified as a risk factor by health and behavioral health providers who are not addiction specialists, managing that risk can be challenging.

This webinar will provide an overview of a new resource on alcohol developed by the National Institute on Alcohol Abuse and Alcoholism (NIAAA), one of the 27 Institutes and Centers at the National Institutes of Health (NIH). The resource is called *The Healthcare Professional's Core Resource*. The content of this on-line resource covers the following topics in a series of brief articles:

- The basics of alcohol use including knowing “how much is too much;”
- The clinical impact of alcohol on medical conditions, alcohol-medication interactions and mental health issues;
- Strategies for prevention and treatment including screening and assessment, brief interventions, evidence-based treatment, making referrals and supporting recovery; and
- Promoting changes in medical and behavioral health practice settings to better address alcohol-related problems.

The Healthcare Professional's Core Resource has the potential to provide medical and behavioral health providers who are not addiction specialists with evidence-based information on alcohol and health, and bolster confidence when dealing with alcohol problems. An added benefit of engaging with and using this resource is that free CME or CE credit is available for some health disciplines. Details on how that credit can be obtained will be discussed.

This webinar will consist of opening remarks by the Director of NIAAA, followed by an in-depth description of the NIAAA *Healthcare Professional's Core Resource on Alcohol* by a NIAAA staff member with expertise in the treatment of alcohol use disorders. The presentation will be followed by brief commentary from expert panelists representing

three perspectives: a primary care provider, a behavioral health provider, and an executive who oversees behavioral health care systems on a national level. There will be ample time for questions and conversation.

This webinar is sponsored by the [Friends of NIAAA](#), in collaboration with the [American Psychological Association](#), and the Congressional Addiction, Treatment and Recovery Caucus.

Webinar Topics and Speakers

Welcome and Introductions

Robert Huebner, Ph.D., Chair, Friends of NIAAA

Opening Remarks on the Healthcare Professional's Core Resource

George Koob, Ph.D., Director, National Institute on Alcohol Abuse and Alcoholism.

How the Healthcare Professional's Core Resource Can Benefit Your Clinical Practice

Laura Kwako, Ph.D., Chief, Treatment, Health Services, & Recovery Branch, National Institute on Alcohol Abuse and Alcoholism

Using the Health Care Professional's Core Resource: Three Perspectives

Primary Care Perspective: **Helen Jack**, M.D., University of Washington

Behavioral Health Perspective: **Tamika Chere Barkley Zapolski**, Ph.D., Indiana University-Purdue University Indianapolis – Department of Psychology

Systems Perspective: **Robert Morrison**, Executive Director and Director Legislative Affairs, National Association of State Alcohol and Drug Abuse Directors

Learning Objectives

- Identify three ways that healthcare professionals can improve care for their patients with alcohol-related problems
- Describe two evidence-based screening measures for alcohol
- Identify two evidence-based forms of treatment for individuals with alcohol use disorder (AUD)